



NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 7 NO. 9

NEWARK, NEW JERSEY

DECEMBER, 1989

Our World Is A Little Brighter Thanks To NCC's 1000 Points Of Light

We thought this month, when the holiday spirit of giving resounds throughout the world, we would take the opportunity to thank all those associated with the New Community Network whose gift of themselves and their time has provided the nourishment needed to restore a life worth living to so many.

New Community virtually could not provide the quality of life which it does for its residents without the army of volunteers from among tenants, employees and the community who have been faithfully "filling the gaps" for over 20 years.

President Bush, recognizing the essential services which volunteers provide, dubbed them "1000 points of light" and set up a government foundation on voluntarism of which Governor Kean is chairman. Volunteers it is felt, can help solve community problems, but more are being sought. The Governor wants to close the gap between the 45 percent who actually volunteer and the 75

percent who believe they should.

We hope the story of our "1000 points of light" and the good they do will inspire you to join the ranks of the volunteers wherever you are.

Here at New Community volunteers provide indispensable services yet give their time and talent at New Community without looking for a monetary reward. (Those few who are government funded received a stipend far below minimum wage and are still considered volunteers.) The reward our volunteers do get is priceless; it is a good feeling and one which allows a person to be proud of himself while benefitting his community.

The Foster Grandparents who spend at least 1280 hours a month cuddling and feeding their cherished infants in Babyland know they are making a difference in the lives of these children.

Being disabled is not an obstacle to volunteerism either, as demonstrated by the 150 disabled persons who not

only spend over 6000 hours a month helping one another, but help maintain the building in which they live, despite wheelchairs, deafness and other impairments.

Almost 100 seniors spend over 2800 hours a month planning and working on projects, both social and practical which will make life better for one another. Our Brown Bag program which makes available surplus food for over 1800 residents, even delivering the food when necessary, depends on volunteers, as does the SHARE and Food Bank programs which are similar. Convenience stores for seniors within their own buildings are open 8 hours per day for 7 days per week thanks to our wonderful volunteers. (We have no supermarket nearby yet, and our seniors are not very mobile.) Meals on Wheels for our seniors is also possible through volunteers, as is medical transportation to doctors' appointments.

We are very proud of our support services to New Community residents of all ages.

Students profit from a Reading Is Fundamental (RIF) program run by 9 Vista Volunteers and a program called Project Back wherein 6 parents of teenagers contact apparent truants and "class cutters" to encourage their

return to school.

College students from Essex County College are among our volunteers in social services as are parents who give over 1000 hours a month to Bingo for Babyland and St. Rose. The Extended Care Facility book cart, recreational therapy and gift shop management are all serviced by volunteers.

Ten students from Rutgers and Seton Hall along with a newly certified chiropractor spend time with our babies with AIDS. There are also 25 women from the local community, parishes and from the Junior League of Montclair-Newark who have been involved with these babies since the day care center opened - donating clothes, toys, equipment, murals, help with fundraising, etc.

These volunteers give 480 hours per month on a steady basis. They have spent almost 200 hours painting and working on refurbishing the Center for babies with AIDS as well as the Center for teen parents.

When we recently took a look at the marvelous work done in New Community by volunteers, we documented an astounding total of **22,868 volunteer hours per month.** (This did not include personal time

Governor-Elect Florio Visits Harmony House

Over the past few years Governor-Elect James Florio has held conferences for women to help them empower themselves as entrepreneurs, introducing experts in many fields to get them started. Mary Smith, Ex-

his election Mrs. Smith reminded him of his promise to address such inner-city problems as jobs, better crime protection, day care and needs of older Americans as well as those touching on environmental concerns.



On November 3rd Governor-Elect James Florio visited New Community Harmony House, which will soon care for 102 homeless families. He is pictured above center with (left to right) Msgr. William J. Linder, Harmony House Administrator Jeanette Paige-Hawkins, Executive Director of Babyland Nursery, Inc. Mary Smith and Mrs. Lucinda Florio. Mrs. Florio is very interested in early childhood education.

ecutive Director of Babyland Nursery, Inc. attended one of these sessions and remembered how he tried to help. She was impressed.

When the Governor-Elect visited New Community Harmony House, a transitional homeless facility, before

"I hope you live up to what you said," she challenged. "I'm looking to him to keep his commitments," she added later.

I'm sure the eyes of many will follow his progress.

Related photo on page 2

Robert V. Van Fossan, Chairman Of Mutual Benefit Life Will Be Truly Missed

With the passing of Robert V. Van Fossan, New Community and the Newark community as a whole has lost a compassionate benefactor.

The chairman and chief executive officer of Mutual Benefit Life, based in Newark, was a person who strongly believed in community service and who lived that belief. "...we must affirm that business cannot pursue profits in a vacuum detached from the interests of society as a whole..." he stated in a speech on changing corporate trends, pointing out that "The world outside corporate suites isn't made up of adversaries but of our own employees, shareholders, customers and neighbors." Volunteering and corporate community involvement were his watchword.

Mr. Van Fossan's finger remained always on the pulse of Newark through his involvement as Chairman of Renaissance Newark, working to revitalize a Newark devastated by civil disorders in the 1960's. He also served as chairman of the Newark Performing Arts Corporation and was a member of the Executive



Robert V. Van Fossan

Committee responsible for the new New Jersey Arts Center in Newark as well as a trustee of the Newark Museum.

Among his activities in New Jersey continued on page 2

HOLIDAY GREETINGS

Van Fossan Missed... continued

was the founding of the Partnership for New Jersey, a group of leaders from both non-profit and business groups to address key social and economic issues affecting the state. A multitude of other civic and business groups also profited from his leadership.

Many homeless people will benefit as a result of his recent assistance to New Community. "We needed a commitment to Harmony House for a mortgage," said Monsignor William J. Linder, remembering. "Bob told us to meet him at 8:00 a.m. at his office. When we arrived the security guard at the door wasn't sure he was in yet although he knew Bob often came in early. When he checked he was there expecting us. By 8:20 a.m. the homeless had their mortgage." It was this kind of belief in people and understanding of their needs which made him the dedicated leader widely acknowledged by the business community surrounding him.

Mr. Van Fossan was concerned that future generations of young people would understand the value of service to others. In a commencement address at Rutgers University in 1988 he reminded the graduates that "this country was created and built by people pulling together for the common good." As future leaders of America he encouraged them to devote some of their time and attention to leadership in the community to help make the world a better place, and gave them some ways to start.

"Your greatest value will always lie not in what you know, or what you do for a living, or what you own or control," he told them. "Your greatest value will always be in what you share with your neighbors and with your community, for the good of all of us."

Robert Van Fossan truly lived by these words touching many people along the way. His death too soon at 63 will leave a void of energetic leadership difficult to replace.



Robert V. Van Fossan is shown above (second from right) at Harmony House Groundbreaking in 1988.

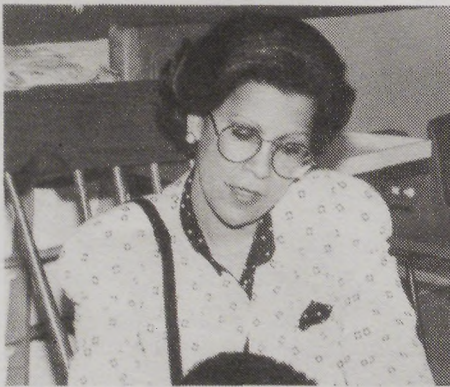
Dr. Antonia Novello Is Nominated As Surgeon General

Dr. Antonia Novello, deputy director of the National Institute of Child Health and Human Development, was nominated by President Bush on November 2nd to be Surgeon General of the United States. If confirmed, she would be the first woman and first Hispanic to hold that post.

The pediatrician paid a visit to Babyland IV last month to see firsthand the Center which cares for babies with HIV virus. (See **Clarion**, November 1989).

Her energetic, bubbly personality and astute questions made an impression on staff and children who responded eagerly to her attention.

Dr. Novello earned her bachelor's degree from the University of Puerto Rico and her masters from Johns



Dr. Antonia Novello

Hopkins University School of Public Health. She obtained her doctorate from the University of Puerto Rico School of Medicine. She fulfilled her residency in Pediatrics at the University of Michigan and Georgetown University Medical Center. Dr. Novello is a pediatric kidney specialist and chairman of the AIDS Pediatric Task Force.

Our best wishes go out to her.

1000 Points Of Light...

(continued from page 1)

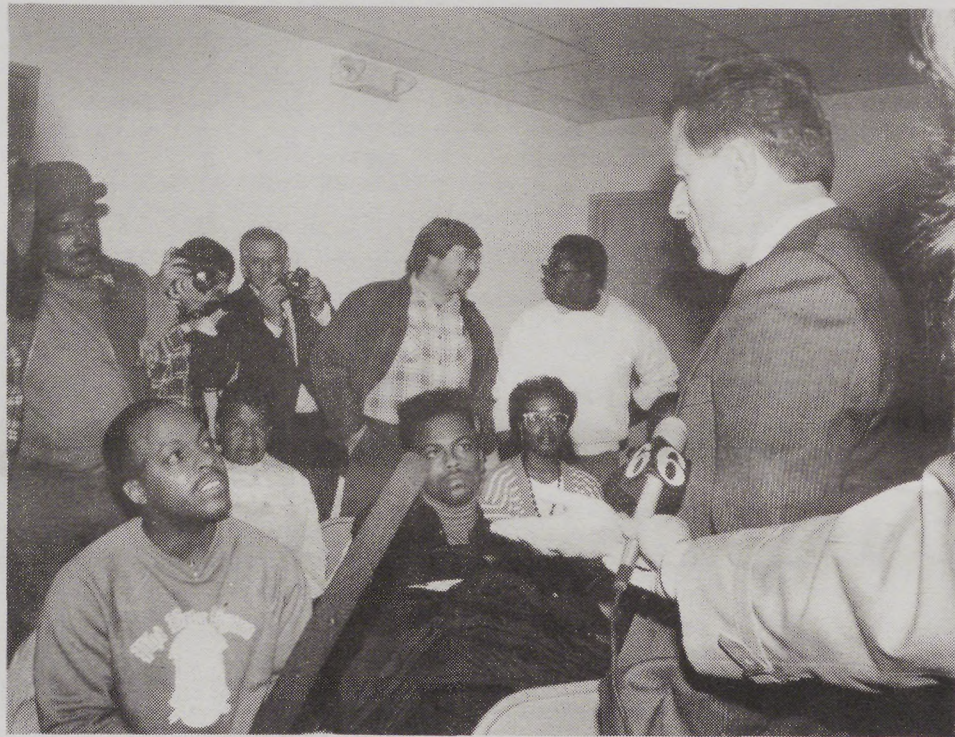
given by employees to various causes for NCC and the City of Newark. The number of hours of this type are virtually countless.)

The revelation engendered much pride.

What is quite obvious to us is that New Community's "1000 Points of Light" have certainly not hidden that light under a bushel, as the saying goes, but have spread its glow and the warmth of their hearts throughout Newark and beyond.

Thank you for caring.

Florio At Harmony House...



James Florio entertains questions from Harmony House staff and construction workers.

Second Employee Recognition Day

On Friday, November 10, New Community Corporation held its second annual Employee Recognition Day. Service pins and plaques were presented to employees by Arthur Wilson, President; Msgr. William Linder and Cecilia Faulks, Human Resources Director. A luncheon was provided for employees and their supervisors after the presentation ceremony. After lunch, employees were given the rest of the day off.

Employees receiving recognition awards were:

Five Years Of Service

Robert Allen	Security
Juan Angulo	Building Maint.
Al Barnhill	Building Maint.
Mary Bins	Employment Center
John Bins	Employment Center
Joyce Cook	Social Services
Evelyn Cooper	Home Friends
Arlene Crowder	Security
John Dean	Central Maint.
Sidney Hargrove	Central Maint.
James Hubbard	Security
Flora Lewter	Home Friends
Willie Meadows	Building Maint.
Juan Montanez	Building Maint.
James Rohrman	Systems
Benedicto Sarmiento	Central Maint.



Honorees pictured at St. Joseph Plaza.

Joyce Streeter	Security
Betty Wilson	Home Friends

Six Years Of Service

Matthew Richardson	Security
--------------------	----------

Ten Years Of Service

Arthur Cheek	Building Maint.
Joseph Hollie	Central Maint.

Cecilia Faulks
Human Resources Director

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

PUBLISHER: New Community Corporation
EDITOR: Patricia A. Foley
PHOTOGRAPHER: Tricia Racioppi
Send to: The Clarion
c/o New Community Corporation
233 W. Market Street
Newark, New Jersey 07103
(201) 623-2800
Circulation: 12,000

THE SPIRIT OF CHRISTMAS PAST



at The Priory & The Atrium
In ST. JOSEPH PLAZA
233 West Market Street, Newark, NJ

CREATE MEMORIES OF THIS CHRISTMAS
For Reservations - 201-242-8012
A Holiday Party For 2 or 200

Harmony House Staff Prepares To Minister To Homeless

Harmony House staff is on board. They began their twelve day training on October 21, 1989.

The focus of the training was to sensitize the total staff which includes Social Services, Security, Maintenance and Administration, to issues of homelessness and to develop a team approach in serving Harmony House residents.

Gwendolyn L. Long, NCC Director of Human Services opened the training session with an inspiring and challenging welcome. Cecilia Faulks,

Another segment of job training included a panel of providers. They shared their experiences in servicing the homeless population. The panelist were:

Kristin Martin - Director of Apostle House; Deborah Winn - Relocation Specialist of Isaiah House; Rose Kornegary - Family Service Worker Essex County Welfare Homeless Unit; Linda Bass - Supervisor for Essex County Welfare Homeless Unit; and Toni O'Flathery - Private Citizen.



Two women who had been homeless tell the Harmony House staff about their experience to acquaint them with some of the problems.

NCC Director of Human Resources was also present; she provided staff with the history of NCC and its philosophy.

The first day continued with team building exercises. Staff participated in two days of team building sessions given by New Community Harmony House chroniclers, Deborah Cutchin, Ph.D. from Rutgers University and Kathy Weiner, Management Consultant, who have been with NCC Harmony House since its inception.

The psycho-social aspects of homelessness were presented to staff by Rozetta Schaeffer, ACSW, from U.M.D.N.J. Community Mental Health Center. Ms. Schaeffer presented a wealth of information during her ten hours of training. She will continue to offer consultation services throughout Harmony House's first year.



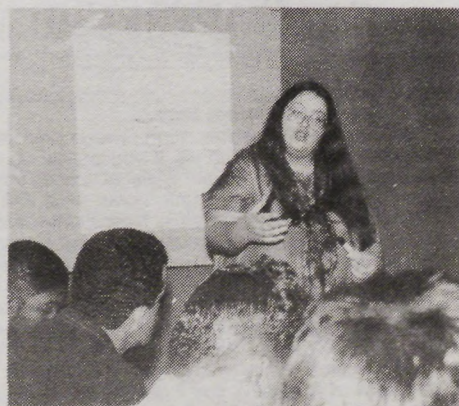
Rozetta Schaeffer works in groups discussing the homeless overview.

A Slip Of The Copy Re: John J. Gibbons

In the November *Clarion*, we spoke of Judge Gibbons' work as a member of the Governor's Select Commission on Civil Disorders of the State of New Jersey. The report forthcoming was a helpful tool to New Community for future planning as it delved into the causes of that violence. A line was inadvertently eliminated causing that sentence to read incorrectly.

We regret the error.

Editor



Deborah Cutchins works with the staff on team building.



Harmony House playground shown above, waiting to be enjoyed by children.

descriptions.

Various NCC employees offered their expertise during training. Joe Picardi, R.N. conducted First Aid training. Oscar Duran and Sister Ethel Fusaro conducted a safety session. Jim Rohrman gave computer training to clerical as well as to social work staff.

Several Harmony House staff members commented on the training.

Delores Johnson, Vista Volunteer, said, "Homelessness is really coming into greater focus for me. I found the training beneficial and have become more knowledgeable of the needs and problems of the homeless."

Angela Hall, a Youth Worker,

discovered, "The training opened my eyes to the many misconceptions of homelessness. I found the discussion with the panel of women who were formerly homeless to be the most beneficial, because it became clearer to me that we are all vulnerable to becoming homeless."

Security Officer Clinton White found that, "Team Building taught me to work as a team and not just a department."

For Heather Spencer, Social Worker, "The training was very effective because it touched on specific issues we're going to be faced with."

Preparation for effective service to the homeless continues.



The staff is gathered in a group discussion.



Shown above is a collateral panel of homeless providers.

Training For Harmony House Security

On November 3rd an In-Service training session was held for the newly appointed Security Officers for the New Community Harmony House Transitional Homeless Family Facility, 270 South Orange Avenue, Newark, N.J. The new appointees will provide security for 102 homeless family residents and their dependent children.

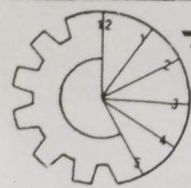
The officers were trained in patrol techniques, report writing, domestic violence, juvenile delinquency, court room behavior and testimony, community relations and self defense and other subjects.

Instructions were conducted by Security Director James DuBose, Assistant Director Errol Adams and Sergeant Abdush Sharrieff-Bey, a martial arts instructor with a Black

Belt in karate, who assisted in the self defense phase of the training session.

The class also received instructions on the problems that can arise from Detectives Thomas McColgan and Ignacio Mendez of the Essex County Sheriff's Bureau of Narcotics. A lecture on Juvenile Delinquency and how to handle such individuals was presented by Detective John Smith of the Crime Prevention Unit of the Newark Police Department.

The Security Officers taking part in the training program were Sergeant Wilson DeJesus, Ann Tyson, Tracey Tribbey, Kathy Grier, Lolita Walker, Richard Camacho, Clinton White and Ethel Clayton.



Jobtalk

by John Bins

When You're Ready To Quit — Don't Rush

When you're sure you want to leave a job, be sure to take your time. If you stay with your present job until you have a new, better one lined up, you'll be doing these good things for yourself:

- You will have continued income — it always takes longer to find a good job than we think it will.
- Your job history will look better without periods of unemployment.
- You will have more time to select a better job or at least one as good.
- You will learn if there is a job out there that you would rather have on which you can get a job offer.
- You will be valued more highly by new employers because you're working.

And in any case you won't want to burn your bridges with the old employer because their recommendation will probably be important in future years — you might easily want to work for another division of the same company sometime.

Looking for a new job while not neglecting your present job is not easy but virtually all employment counselors recommend it. The biggest problem is finding the time necessary to keep appointments for employment interviews, although this is closely followed by finding the time to make resumes, write letters, and make phone calls.

While interviews on lunch hours and off hours may occasionally be possible, the best advice is to save. You will want to schedule appointments as far in advance as possible so as to make maximum use of the day or half day off and to make your time off less conspicuous.

It is always more comfortable to be above board with your current employer about your intention to leave, but this is not recommended unless you know them very well. Employers tend to react very badly when they learn a valued employee is thinking of abandoning them. At the very least you will have a lot of unnecessary pressure — and then you might decide you want to stay, especially if there are internal changes.

When you have the new job settled, you will want to give your employer notice of your plan to leave. This allows them time to find someone else

to do the work, accept the responsibility, and provide for a more orderly transition. Two weeks is generally considered acceptable notice although it is often less time than the employer would prefer. And now that you're leaving, resist the temptation to let them know your negative feelings. You will need these people in the future for references if nothing else.

To Be Continued

NEW COMMUNITY EMPLOYMENT CENTER

Employers with job orders or...job seekers wanting appointments...call 733-4930.

Employment Counselors: By Their Fruits

Since ten thousand job seekers have met with New Community Employment Center counselors, many of you may already know them. For the rest of you, we'll introduce our four counselors by their work.

Mike Jackson

Employment counselors often get a clear sense of the motivations and needs of job seekers coming to them. When 17-year-old, high school dropout Jerry approached employment counselor Mike Jackson, he needed full time work so he could support his infant child who was in his custody. If the work were during the day he would be able to obtain the child care services which were needed.

Mike knew that Murray's Steaks Inc. would be willing to hire someone 17, so he phoned one of the store managers and made an appointment for Jerry to interview. He was evaluated and tested at Murray's and passed with flying colors.

Now, Jerry is employed full time and his child is enrolled in Babyland. Jerry is planning to attend night adult school classes to get his GED and he is thinking about his future.

Amanda Harrow

New Community Employment Center youth employment counselor Amanda Harrow takes great pride in meeting the special needs of her job applicants whenever possible.

When Tina came to look for work it was obvious she had scheduling needs. She graduated from high school in June 1988 and last summer she was looking for full time work, but in the Fall she would need part time work so she could continue her computerized office skills training program at the Newark Private In-

dustry Council.

Amanda called the Ironbound Community Corporation Home Friend Program. Tina was hired as a home friend and they were able to give her the scheduling flexibility she needed. Tina visits homebound seniors and cheers them up, cooking a meal for them, and usually doing some shopping, some laundry or some light cleaning. She loves her job. She says her employer is great.

Mary Bins

Truth to tell, employment counselors are often at a loss when faced with the specialized requirements and experience of job applicants, but, if the counselor is on the ball, sometimes it works out.

When employment counselor Mary

Bins interviewed Richard she learned that he had good institutional food service experience. His most recent employer had been Parkway Manor Health Center in Bloomfield. He was New Jersey State certified as a food service supervisor and Mary obtained an interview for him at a nursing home in the far suburbs — only to have the job filled before he got there. It was all there was.

But as luck would have it, a few days later she got a call from Mr. Michael Dougherty at Gericare Centers, Inc. which operates four nursing homes in Montclair. That's right: she had just the person he needed — Richard.

John Bins

Charlene was a single parent, unemployed for five months when she was interviewed last summer by employment counselor John Bins. She had been employed as room service cashier at the Hilton at Short Hills until her hours were changed to 5 p.m. to 2 a.m. making it impossible to get home by bus.

Two years ago John had placed her as a meal bank representative with Chelsea Catering at Newark airport where she had stayed over a year until an off-job accident left her unable to do heavy lifting. She had retained her nights and weekends position as a cashier for Midtown Camera throughout this period.

Because of her pleasant personality and substantial cash handling experience John suggested the possibility of a position as a bank teller. This idea excited Charlene; she was interviewed by Howard Savings Bank and is working there today.

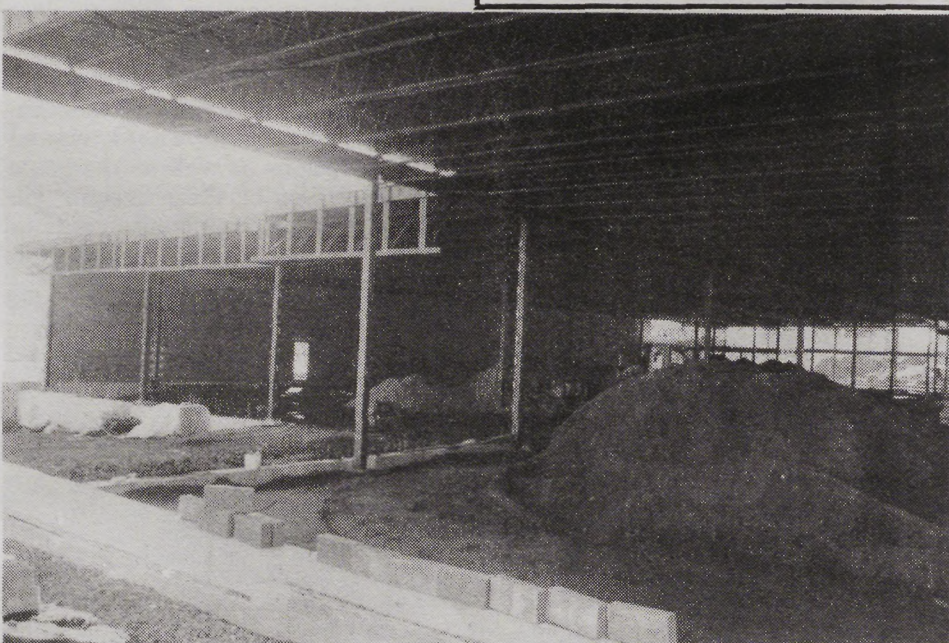
New Community Employment Center helps employers find job candidates to meet their particular needs and helps job seekers find appropriate work. To access either free service, please phone 733-4930.

Job seekers names were changed for privacy.

PATHMARK UPDATE



Shown above is a worker welding the beams together.



Excavation inside has taken place to prepare for the pouring of the concrete flooring (slab).

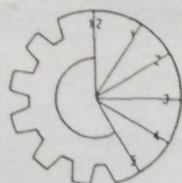
Anxious To Find The Right Job Candidates?

We make finding the right job candidates fast and easy. Over the past five years, we have helped area employers find over 4,000 job candidates who met their needs — whom they hired.

For skilled, semi-skilled or unskilled positions, we save you time by pre-screening applicants to meet your specifications. We also review three critical areas to narrow the field — expectations, motivation and transportation. So you'll see only qualified people who are ready to work — and anxious to work.

If you're in a rush, we can often make referrals on the same day. Call us today with your requirements.

receptionist janitor driver salesperson carpenter
cashier fork lift operator secretary housekeeper
security officer dietary aide customer service
nurse's aide accounting clerk cook crt operator

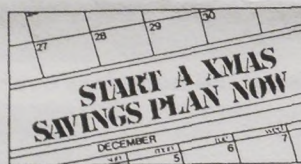


NEW COMMUNITY EMPLOYMENT CENTER

265 Morris Ave.
Newark, N.J. 07103
(201) 733-4930

NEWSFROM...New Community FCU

223 West Market Street • Newark, New Jersey 07103 • (201) 623-2800



The Season is almost here...

That's right, only a few short weeks until the holiday season is upon us. If you are going to feel a tight squeeze in your wallet at holiday time it's not too early to think about HOLIDAY SEASON '90. Yes, open a New Community FCU Christmas Club Account now and shopping season will be easier on you (and your wallet) next year.

Deposit a set amount of money each week through payroll deduction or through direct deposit and the account will grow quickly! The money saved will be paid to you in October. It's a great way to save — you'll get interest too! Call the credit union today for details.

MONEY ORDERS

Money orders are a great, easy way to pay bills. Your credit union provides money orders to all members for any reason at all times. If you don't want to use cash or use a check a money order is the way to go! They are quick, convenient, accepted as cash and they are inexpensive. Only 45¢ per money order. Available up to \$1,000.00. Come in the credit union during regular business hours to buy your money orders.

OFFICE HOURS:

MONDAY thru FRIDAY 9:00 am - 5:00 pm
or by appointment after 5:00 pm
by calling 623-2800.

Session III Of The Network Leadership Development Institute Graduates Eleven

On Saturday, November 18, a prestigious group gathered at NC Commons Seniors to celebrate the accomplishment of eleven New Community Network members who had just completed the Fall '89 Leadership Development Institute. Eight weeks of being challenged and stretching latent abilities resulted in the triumph of recognizable accomplishment and transformation.

Former graduate Rev. Lauvenia Green of NC Roseville was on hand

living her own experience of the Institute with her sister Teresa who was graduating. Alma Hanks of NC Douglas read a poem which she had written for the occasion. Gladys McCross of Douglass-Harrison, and Delores Johnson of Manor Families, proudly wearing their own medals, spoke words of congratulations and encouragement. Belief in oneself is a pre-requisite for any accomplishment.

Finally, the long-awaited moment arrived. Sr. Doris Ann Bowles, O.P.

went out to change the world.

The graduation ceremony was long over, but Richard Barfield, 140's unofficial maitre d' who, along with Security Officer Sheila White, had been on duty since early morning making sure we had everything we needed, were still busy "putting 140 back together again"...with enthusiasm, while half-heartedly and good naturedly resisting attempts to recruit them for the next session.

The many, many people who were involved with making the Fall '89 session of the Leadership Development Institute the triumph that it was deserve much more than this heartfelt thank you.

If you have not yet had the pleasure of participating, make plans now to join us next Spring. Our hope is that through this Institute we will identify and nurture an active group of positive, enthusiastic and articulate leaders who have the power within themselves to transform whatever they touch.

Sr. Mary Ellen Bennett



From left to right are the three winners; Doris Camack-Shaw (gold); Donna Allen (silver); and Jean Miller Curlin (bronze).

to begin the day with a prayer, and a warm welcome to the graduates. Each honoree had the opportunity to deliver a speech which he or she had painstakingly and finely crafted over the previous weeks.

Alumnae from the first session of the Institute: Gladys McCross, Alma Hanks, Delores Johnson, Helen Vaughn, and Mary Watson joined Rev. Green to serve as judges, entrusted with a near impossible task. They decided that Doris Camack-Shaw's, Donna Allen's and Jean Miller Curlin's were the best speeches of the bunch.

Graduates, their guests, and Network Members on hand to show support enjoyed a delicious lunch provided by Babyland Caterers. Background music during lunch by John Fleming of "140" was much too good to stay in the background. We were impressed and grateful to him for sharing his talent with us. Mr. Fleming's piano playing and singing won him a standing ovation.

After lunch, former graduates who had come to celebrate the new group joining their ranks, offered heartfelt congratulations. Each one had been there, and spoke from a clear and well remembered understanding of the process.

Sylvia Johnston, Manager of NC Commons Families, spoke about re-

Principal of Mt. St. Dominic Academy in Caldwell, N.J. to whom we are indebted for presenting consistently excellent material, interaction and feedback week after week (and group after group!) gave each one present two gifts — the words **potential**, and **responsibility**. Afterwards she presented a certificate of achievement



Sister Doris Bowles and Sister Mary Ellen Bennett.

to each graduate, then the awards: a bronze medal to Jean Miller-Curlin; silver to Donna Allen and gold to Doris Camack-Shaw.

Hearts were high as the festivities drew to a close, and the graduates

NEW COMMUNITY NETWORK LEADERSHIP DEVELOPMENT INSTITUTE '89 GRADUATES

Donna Allen
N.C. Extended Care
St. Rose of Lima

Patricia Brown
President: Tenants' Association
NC Manor Families

Emma Jean Miller Curlin
N.C. Social Services

Oscar Duran
N.C. Finance Department

Sr. Carolita Eckenroth
Babyland II

Gray Harriet Ellis
St. Rose of Lima

Teresa Johnston
Harmony House
NC Gardens Families

Vera McClendon
St. Rose of Lima

Patricia Pierce
Acting President,
Families Advisory Council
NC Commons Families

Charmaine Rose
St. Rose of Lima

Doris Camack Shaw
N.C. Management

Sentiments Of A Former Institute Graduate

Being judges has put what we were taught to the test,
It was hard choosing who we thought were best,
For you have learned to think, look and speak well
When you have a story to tell.

So congratulations to each one
For a job so beautifully done
Everyone could not be in first place
But you are still winners for just being in the race.

Alma Hanks
NC Douglas

Agnes Madriaga Promoted To Babyland Office Manager

Former Child Care Resource Specialist at Babyland III, Agnes Madriaga has been promoted to



Agnes Madriaga

Babyland's administrative team as Office Manager. Here, Agnes will continue her strong organizational

skills to assist in coordinating the areas of district-wide child care activities, program policies and procedures and fiscal operations.

A 1989 graduate from Cornell University with a Bachelor of Science Degree in Human Service Studies, Agnes demonstrates self-motivation, conscientiousness to the task, and a cheerful disposition. We welcome her to our administrative office.

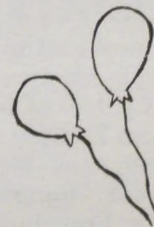
NEW COMMUNITY ADULT MEDICAL DAY CARE

266 So. Orange Ave., Newark

WE OFFER:

FREE

- * TRANSPORTATION
- * LUNCH
- * ARTS/CRAFTS



— WE ALSO PROVIDE:

NURSE ON DUTY & SOCIAL SERVICES

Monday thru Friday 9 a.m.-2 p.m.

CALL: **624-2020**

NEW COMMUNITY HEALTH CARE CENTER

233 WEST MARKET STREET, NEWARK, N.J. 07103

NEW COMMUNITY HEALTH CARE CARES ABOUT YOU!!!

We serve the health needs of not only NCC residents, but are available to the People of the entire area.

Our doctors are dedicated, well-trained professionals who specialize in:

PODIATRY (Feet)

ENT (Ear, Nose, Throat)

GYNECOLOGY (Women)

UROLOGY (Urinary Tract)

INTERNAL MEDICINE

OPHTHALMOLOGY (Eyes)

HEMATOLOGY (Blood)

PEDIATRICS (Children)

NUTRITION (Consultation)

Transportation provided at minimal cost. Any Medical Insurance welcome. Please call for an appointment or information:

TELEPHONE: (201) 623-2480

Need Medical Transportation

Call

623-2480



Volunteer Professionals Keep A Clean Environment For Nursing Home Residents

No big city is without pests but the New Community Extended Care Facility is pest-free thanks to the efforts of Spencer Corbett, a director of the New Jersey Pest Control Association and Association members who volunteered their services to the non-profit facility with its 180 elderly residents. Industry distributors provided free pesticides.

Corbett is a local man born in Newark who has created a successful business called Corbett Exterminating in Linden. His heart remains in Newark and he remembers better days. His association heard the nursing home needed professional help and decided to pitch in to meet that need.

He called on the members of the association to provide skilled personnel and on product distributors to assist in the project which would help rid the structure of any pest problems.

"It's essential," said Leroy Canady, administrator for the facility, "that a nursing home be kept pest-free and we're very grateful for the services being provided by the New Jersey Pest Control Association."

"One of the primary roles of professional pest control," said Corbett, "is the protection of health. Insect and rodent pests can transmit disease. New Jersey laws require all health care facilities to maintain regular pest

control treatment." Association members will continue to provide New Community Extended Care free inspections and treatments into 1990.

Mr. Canady explained that nursing home employees had volunteered to come in off duty and early to prepare areas for treatment, since residents had to be shifted as areas were done. It was a large undertaking.

Teams from more than a dozen New Jersey pest control firms undertook the full scale treatment of the five story structure using pesticides registered and approved by the U.S. Environment Protection Agency in the manner prescribed.

We don't often think in terms of pest control when we talk about voluntarism and community service, but the group which came on October 30 and 31st to ensure a healthy home for our 180 elderly residents deserve a great vote of thanks.

So many Medicaid recipients do not get to live in decent circumstances during the twilight of their lives when bodies and minds slow down.

Thanks to a wonderful group of compassionate people with caring hearts the residents of our beautiful New Community Extended Care Facility will be able to enjoy clean, cheerful surroundings even though they don't have a million dollars in their pockets.



Volunteers from the New Jersey Pest Control Association.

New Jersey Pest Control Association Members And Distributors Who Helped

The pest control firms volunteering their services include: Regent Pest Control of New Providence, Western Termite and Pest Control of Parsippany, Walco Pest Control of Linden, Humphrey Pest Control of New Providence, Trius Exterminating of Denville, Horizon Pest Control of Midland Park, Booker and Booker Exterminators of Newark, Appleby Pest Control of Cranford, Suburban Termite &

Pest Control of Roselle, Corbett Exterminating of Linden, Hudson Pest Control of West New York, Just Exterminators of Newark, and Viking Termite & Pest Control of Bound Brook.

Distributors include Sherwood Chemical Co. of Westville, N.J., York Chemical Company of Plainview, N.Y., and P.C.O. Supply of Staten Island, N.Y..

Calvary Children's Choir Entertains



Calvary Children's Choir sings for residents at the Extended Care Facility.

Interfaith Memorial Service At Extended Care Facility



Minister Thaddaus Murphy, presiding at lectern during the Interfaith Memorial Service for deceased residents.

The Extended Care Facility held its first Interfaith Memorial Service on November 11 for the 220 residents who have died since the Facility opened in January 1986. Minister Thaddaus Murphy of Zion Holy Church presided. Over 90 residents, family and church members and staff were present.

The Service opened with a piano prelude by Mr. Curtis Watkins, St. Rose of Lima Church, who also stirred hearts with his meditation solo of "He'll Understand And Say Well Done." A procession of visiting clergy included Rev. John Rudder of Bethany Baptist, Fr. Luke Edelen of St. Mary's, Pastor Melynn Murphy of Mt. Zion Full Gospel, Elder Luke Davis of Wells Cathedral, Elder Sarah Hall of Zion Holy Church and Elder Vivian Carr of New Life Deliverance. Sister Bertha Land of Trinity Temple 7th Day Adventist proclaimed the first scripture reading.

A "Memorial Table" with the BIBLE, flowers and candelabra was prepared before the Service began. During the memorial presentation Mrs. Geraldine McNeil, ECF Environmental Services, lit the candles and Mrs. Mary Gibson, ECF Head Nurse, placed a scroll of the deceased residents' names by the vase of flowers. The presentation concluded with a special prayer for these residents by Sister Consuela Scott, ECF Chaplain.

Zion Holy Church choir led the assembly in hymns and "lifted all up"



Mrs. Mary Gibson, ECF Head Nurse laying list of deceased residents on the "Memorial Table."

with their beautiful rendition of "Because He Lives." Rev. Rudder preached an inspiring sermon, one full of spirit and life. Pastor Murphy shared how she and church members were led to begin their Sunday morning Worship Services in March 1986 thru the request of a former ECF employee. Fr. Luke brought the service to conclusion as he offered Benediction. The assembly sang the powerful hymn, "How Great Though Art" during the Recessional by the clergy.

Our Facility is blessed with ministers and members from 16 Churches who faithfully hold religious services here. Their commitment and sharing of the Good News provide on-going spiritual and emotional support for our residents every week of the year.

Thanksgiving Feast Held At New Community Medical Day Care

One of the most special and heart warming times of the "festive season" is Thanksgiving; it is a time of reflection and gratitude for life, health, family and special friends.

Here at the New Community Medical Day Care Program, we

hosted our annual Thanksgiving Buffet Dinner for our family of Golden Agers and other special participants on Wednesday, November 22, 1989. There was live entertainment and a scrumptious, mouth watering feast befitting our stately guests, whom we were honored to serve.



Executive Director Leroy Canady greets the members of Medical Day Care at the Thanksgiving Dinner.

Reflections:

Just Being Visible

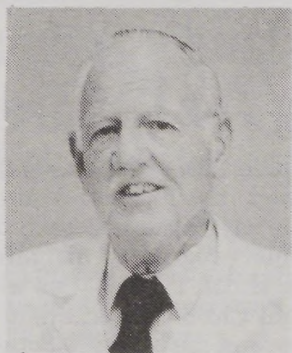
Many years ago, in fact, 1943, when I was interning at Newark City Hospital, I was informed that the Medical Director made daily rounds to see the patients. I was less impressed when I observed that he would say hello even to an empty bed as he walked rapidly by.

I have noticed that just the question, "How do you feel?" or just a smile and a hello, or even a gentle joke can make a patient's day.

I remember a new resident at the nursing home — obviously scared and fearful; she was standing in the hall and did not know where her room was. I looked at her wrist band and walked her down to her room. Her smile confirmed her relief.

Another resident stated she did not expect to get any decent care in our facility because she was on Medicaid. I told her to look around as there were 179 other residents also on Medicaid. Many aging people need the help offered by a facility such as ours. They need someone visible who cares.

The problem with aging is that there is a gradual slowing down of vital functions many of which are not responsive to present day therapy. The blood pressure goes up due to hardening of the arteries or kidney damage. The poor blood supply gives a sense of "cold" or weakness. The bones lose their calcium so that simple falls cause hip fractures. The arthritis becomes increasingly severe with ever increasing pain and disability.



Dr. Paul
Kearney

Independent living becomes impossible...help must be sought.

In my youth, there were no nursing homes. Grandma and Grandpa were minded at home. It was not easy but it was accomplished. Today with better health care, people are living much longer. The projection is that today's 60 million elderly citizens will rise to 120 million by the year 2020. How will they manage and where will they live? We must begin now to address that question.

Several hundred years ago, Cortez left the Old World looking for the Fountain of Youth. He did not find it in Florida where he first landed, nor did he find it in Mexico. Even today, Medical Science is constantly looking for clues to longevity, so far to no avail.

I have two residents, both 100 years of age — Joshua Spruill and Blanche Dudley. They have their full faculties and get around quite well. They are among the lucky ones.

Joshua and Blanche know the answer to longevity...Just pick the right parents!!!

Paul Kearney, M.D.
Medical Director
New Community Extended Care
Facility

AIDS And Older Adults

Everyone is talking about AIDS (acquired immunodeficiency syndrome), but few mention how this disease affects older people. No wonder so many older adults believe they are not likely to become infected.

The fact is that as many as 10 percent of all AIDS cases reported have involved people aged 50 and over. And many more older people are believed to be infected, although not yet experiencing symptoms.

What Is AIDS?

The AIDS virus (also called the human immunodeficiency virus or HIV) travels in the blood stream and affects the immune system. It prevents the body from effectively fighting infectious diseases so that HIV-infected persons can easily become ill with serious infections or cancers. When death occurs, it usually results from one of these diseases.

People with AIDS often appear healthy for a long time after becoming infected. Nearly ten years is the average length of time after a person becomes infected before disease symptoms may begin to appear.

AIDS is spread from person-to-person through the exchange of body fluids, such as semen and blood. For the most part, the virus is spread by sexual contact or by sharing drug needles and syringes with an infected person.

Otherwise, AIDS is not easy to catch. Despite popular beliefs, AIDS is not spread by mosquito bites, using a public telephone or restroom, being coughed or sneezed on by an infected person, or touching someone with the disease.

Older People May Be Especially Vulnerable

With increased age there tends to be a decline in immune system functions, making older people more susceptible to a variety of illnesses such as infections and cancers. Because of these changes in immune function, AIDS may affect older people differently than it does the young. Data from the Centers for Disease Control suggest that most older persons infected with the AIDS virus have developed disease symptoms

FOOT FACTS: Danger: Dry Skin

Office Hours at St. Joseph's Plaza
9-12 Mon.
9-12 every 2nd & 4th Sat.

Some heating systems that keep us comfortable during the cold weather months also dry out the air in our homes. The bad news is that the dry air is bad for your skin.

This reduction in humidity is severe enough to actually reduce the skin's moisture content. As the skin loses its moisture through evaporation, excessive drying out occurs, resulting in cracking, itchy and flakey skin.

With advancing age, the skin contains relatively less water, compounding winter's dry air problems. Those with diabetes and circulatory problems are not only more prone to dry skin, but actually are at risk for secondary skin infections.

Excessive showering and bathing may deplete the skin of its natural oils which guard against moisture loss.

What's excessive bathing? "Daily showering may be too much for the older person who has a dry skin pro-

blem. Older individuals most probably can remain comfortable by bathing every second or third day.

This is particularly true if they are in sedentary situations in which they are not apt to become soiled," stated Dr. Daniel J. McCarthy, Executive Director of the American Society of Podiatric Dermatology.

"Regular use of skin moisturizers can do much to help the problem," said Dr. McCarthy, who is Chief of Podiatric Surgical Services at VA Medical Center in Baltimore, Maryland. "Their use is a common treatment at the VA Center, and we also recommend the use of bath oil for patients with dry skin."

Trouble signs of dry skin include flaking, along with a tendency for the feet to easily form calluses, which tend to fissure and become sore. "An advanced stage of this condition is called zerosis, where the skin is characterized by a fish scale-like appearance. In these conditions, professional care and medical attention is essential."

People with AIDS should stay in touch with a doctor who is well-informed about the latest AIDS research. For help finding the name of an expert, call a local university medical school's department of infectious diseases or call the National AIDS Hotline (1-800-342-AIDS).

Resources

There are agencies or centers in most cities that offer testing, counseling, and other services for persons concerned about AIDS. In addition, the following local and national organizations offer information:

National AIDS Hotline

1-800-342-AIDS
1-800-344-SIDA for Spanish
1-800-AIDS for hearing impaired)
The hotline operates 24 hours a day, 7 days a week. It offers information on transmission, prevention, testing, and local referrals.

American Red Cross

AIDS Public Education Office
1730 E. Street, NW
Washington, D.C. 20006
Local chapters of the American Red Cross offer a variety of written materials.

National AIDS Information Clearinghouse

P.O. Box 6003
Rockville, MD 20850
(301) 762-5111
1-800-458-5231
The clearinghouse offers free government publications and information about resources.

National Institute of Allergy and Infectious Diseases

Office of Communications
Building 31, Room 7A32
Bethesda, Maryland 20892
One of the National Institutes of Health, the NIAID will respond to written requests for information on AIDS research and clinical trials of promising therapies.

National Institute on Aging

Public Information Office
Federal Building, Room 6C12
Bethesda, Maryland 20892
(301) 496-1752
One of the National Institutes of Health, the NIA offers information on a range of health issues that concern older people.

Courtesy
National Institute On Aging

IS SOMEONE YOU KNOW FRAIL—ELDERLY—DISABLED
OR HAVING A PROBLEM MEETING THEIR PERSONAL CARE NEEDS?
COULD THEY OR THEIR FAMILY USE SOME HELP?

NEW COMMUNITY HOME HEALTH CARE IS NOW EXPANDING ITS SERVICES.

You may have already heard about us — we currently provide services in the home to over 100 clients and families throughout Newark.

- We are a **MEDICAID** Provider of Personal Care Services and Bath Services and a C.C.P.E.D. (Community Care Project for the Elderly and Disabled) Provider of Homemaking Services.
- We are a **PRIVATE** Provider of in-home Skilled Nursing Services and Personal Care Services.

Home care has been found to keep people well longer thereby delaying or even eliminating the need for institutionalization. When you keep people in their homes where they want to be and where things are familiar they stay healthier longer.

Referrals are welcomed from:

- Individuals themselves who are in need of services
- Family Members
- Friends
- Health Care Professionals
- Human Services Professionals
- Building Managers
- Clergy

Call: (201) 733-2121

A nurse will visit you, by appointment, to evaluate your needs, explain our services and answer any questions you may have.

—Cultural Attractions—

The Cathedral Concert Series Presents:

A Saturday Evening Of Beautiful Christmas Music At Newark's Magnificent Cathedral Of The Sacred Heart

Saturday evening, December 9th at 7:30 p.m., the Cathedral Concert Series will present a very special Christmas concert in Newark's magnificent Cathedral of the Sacred Heart. Choral Director Warren Brown will lead the Cathedral Symphony Orchestra with the Columbia University Glee Club and Drew University Chorale.

The program will open with a candlelight processional in Britten's **Ceremony of Carols**. This piece sets ten medieval and renaissance texts to be performed by women's voices and harp. Also on the first half of the program, two of Mozart's wonderful church pieces, **Sancta Maria** and **Laudate Domine**. The second half of

the program will feature the Christmas portion of Handel's **Messiah**. Written in only twenty-four days, this piece has become one of the most beloved works the world over.

Tickets are \$5, \$10 and \$20. For information, call (201) 484-4600. The Cathedral of the Sacred Heart is located just off I-280 at 89 Ridge Street in Newark, N.J. The Cathedral is accessible to the handicapped. Secure on-site parking is available. This series of concerts is made possible in part by grants from the National Endowment for the Humanities and the New Jersey State Council for the Arts/Department of State.

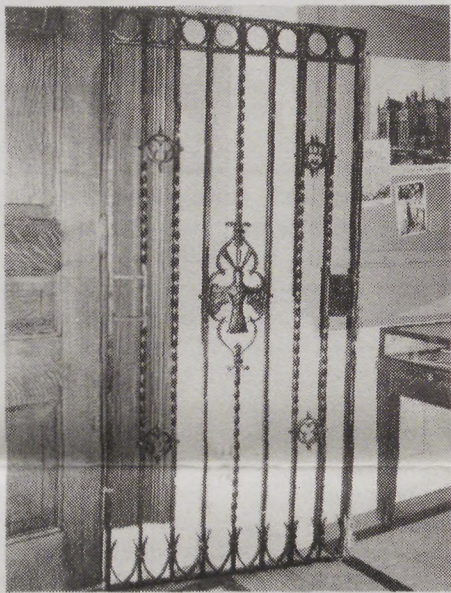
New Jersey State Opera Offers Holiday Gift Special Ticket Price

For the opera lovers on your holiday gift list the New Jersey State Opera is offering a special deal. You can make your shopping chores a little easier by calling the State Opera's Box Office and ordering a pair of Orchestra Circle or Dress Circle tickets for just \$60 a pair — a savings of \$10 — or Side Orchestra seats for just \$70 a pair — a savings of \$10. For the economy minded, a pair of Balcony or Mezzanine tickets can be had for just \$15 — a savings of \$5.

Tickets will be sent to you together with a holiday gift card to send with your gift. Tickets are available for Saturday evening performances of Puccini's **Madama Butterfly** on March 3, 1990 at 8:00 p.m., or for Verdi's **Nabucco** on March 24, 1990 at 8:00 p.m.

Call Mrs. Gordon in the Box Office at 201-623-5775 for details, and make your life a little easier.

100 Years Celebrated At Newark Library



The original Baptismal gate from St. Joseph Plaza is displayed in the Anniversary collection.

Babyland's Semi-annual Workshop On Caring For Children Inspires Participants

On November 18, 1989, Babyland Nursery had their Semi-Annual workshop for all its employees. Staff from all our programs, including Babyland I, II, III, IV and V as well as the Parent Child Center, Shelter, Head Start and Urban Pre-School Program attended. The workshop took place at Babyland III.

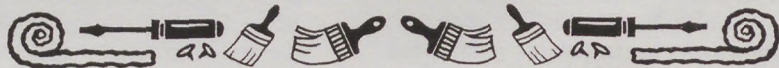
Rosa Langston, the Director of Office of Children for the City of

Newark made a wonderful presentation that was very inspirational. Her presentation concentrated on disciplining techniques, professionalism on the job, self-esteem and self development.

Overall, the workshop was a success; it was not only motivating but also provided a good opportunity for everyone to meet one another and get to know each other better.



Male volunteers participate in an exercise designed to clarify communication with children, led by Rosa Langston.



New Home Buyers Program

New 8.70% Mortgages Being Offered

New Jersey's low- and moderate-income families will now have the opportunity to buy a home with little or no-down payment through the New Jersey Housing and Mortgage Finance Agency's (NJHMFA) latest offering of Home Buyers Program mortgages at 8.70 percent.

More than \$256.5 million in loans will be available for income-eligible first-time buyers anywhere in New Jersey and for purchasers in urban areas. If purchasing in selected affordable housing developments, urban buyers can finance up to 100 percent of the new home's appraised value, and first-time buyers in non-urban areas can apply for a mortgage loan for as much as 70 percent of the home's appraised value.

Three Components Of The New Home Buyers Program:

Basic Program - First-time buyers anywhere in New Jersey and urban target area purchasers may qualify for 8.70% mortgages with a minimum 5% down payment.

Up to 100% Financing Component - First-time and urban home buyers purchasing within selected affordable housing developments may

qualify for 8.70% mortgages with as little as no down payment.

Homeownership for Performing Employees (HOPE)—Employer-assisted Housing Component - First-time and urban homebuyers being sponsored by their employers may qualify for 8.70% mortgages with as little as no down payment.

*Income and purchase price limits apply.

In addition, New Jersey's first employer-assisted housing program has been established as part of the Home Buyers Program. Through HOPE — Homeownership for Performing Employees — private businesses can help their employees afford to buy their first home or an urban residence by guaranteeing a portion of the Agency's lower-rate mortgages. The employer's guarantee can reduce the down payment requirement on the mortgage to as low as zero percent.

Individual home buyers may also continue to apply for NJHMFA mortgages to finance the purchase of existing and newly-completed homes with as little as a 5 percent down payment.

Courtesy of Keynotes NJHMFA

The Priory Restaurant



at ST. JOSEPH PLAZA
233 West Market Street
Newark, NJ 201-242-8012

Heavenly Dining
In An Old World Atmosphere

American
and Continental Cuisine
Seafood
And Southern Regional
Specialties

LUNCHEON SERVED
Weekdays
11:30 a.m. until 3 p.m.

DINNER SERVED
Mondays through Thursdays
5 Until 10 p.m.
Fridays and Saturdays
5 Until 11 p.m.

SUMPTUOUS SUNDAY BUFFETS

BRUNCH BUFFET
From 9:30 a.m. until 2:30 p.m.
\$8.95 For Adults
\$6.95 • Children 12 & Under

DINNER BUFFET
From 3:30 until 10 p.m.
\$14.95 For Adults
\$9.95 • Children 12 & Under

Enjoy THE SANDWICH SHOP & THE ATRIUM

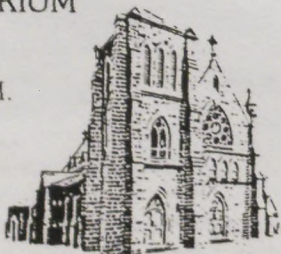
CONTINENTAL BREAKFAST

• WEEKDAYS 8:30 to 10 A.M.

LUNCH • WEEKDAYS 11:30 A.M. to 3 P.M.

COCKTAIL BAR OPEN DAILY

On-Site Attended Free Parking



WE ARE NEWARK'S BEST WORKOUT!!

HEALTH

New Beginning Spa & Wellness Center, Newark's most luxurious exercise spa, located in St. Joseph Plaza, is a comprehensive facility designed to satisfy your body and soul. The spa is equipped with the latest state-of-the-art exercise equipment, whirlpool, sauna, and provides frequent aerobic and calisthenic exercise classes taught by a fully competent, professional, and courteous staff.



NEW BEGINNINGS SPA

233 W. MARKET ST.

NEWARK, NJ

(201) 624-7373

=Security Corner=

Officer Of The Month

Security Officer Kenneth Anderson is Officer of the Month for November, 1989.

Officer Anderson, a member of the Security Department for over two years, was selected because of his loyalty and excellent attendance record. He is also employed as a superintendent for the Newark Housing Authority in addition to his security responsibilities at the Douglas Homes Complex, 15 Hill Street on the 12-8 a.m. shift. A quiet and soft spoken individual, Anderson

is very popular with the seniors of the building as well as his fellow Security Officers. This respect was earned as a result of hard work and dedication to duty.

Congratulations Officer Anderson, keep up the good work.

Security Officer Anderson was presented with a plaque from the Katzin's Uniform Company of Newark and the NCC Security Department in acknowledgement of his achievement.



Security Officer Kenneth E. Anderson proudly accepts award for serving NCC from Director Dubose.

Oh Yes We Can!

The N.C. Douglas Tenants' Association gave a delicious Thanksgiving Dinner on Thursday, November 16.

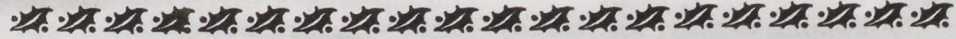
Tenants prepared everything, from soup to nuts. Everyone who attended had an enjoyable time and a delicious dinner.

Tenants' Association lovely president, Catherine Crawford, Hattie Watson, chair of the Entertainment Committee, and everyone else who helped make our Thanksgiving Dinner such a success. We thank God for all our blessings.

Ruby Marshall
NC Douglas



Residents at 15 Hill St. celebrate Thanksgiving with fun, food, friends, and festivities.



HOLIDAY LOANS

NEW COMMUNITY FEDERAL CREDIT UNION

If you need extra money for this holiday season your credit union is the place to go. Come to us for a quick low interest personal loan. We are here to help you!

CURRENT LOAN RATES	WITH PAYROLL DEDUCTION	WITHOUT P/R DEDUCTION
PERSONAL LOAN: UP TO 30 MONTHS	14.50%	15.00%
HOME IMPROVEMENT: UP TO 36 MONTHS	13.00%	13.50%
NEW AUTO LOAN: UP TO 60 MONTHS		
80% FINANCING \$10,000 MAXIMUM	9.50%	10.00%
100% FINANCING \$10,000 MAXIMUM	10.50%	11.00%
USED AUTO LOANS: UP TO 36 MONTHS	11.00%	11.50%

Automobile must not be more than 3 years old

Call today 623-2800

Black History Notes

Researched By James E. DuBose

John Mercer Langston (1829-1897) U.S. Congressman From Virginia (Nation's First Black Elected Official)

Tuesday, November 7, 1989 was not the only time the state of Virginia Capital of the Old Confederacy, made history by electing a black to higher office, when it elected L. Douglas Wilder as its first black governor — the first in U.S. History; the state of Virginia was responsible for the first black ever to be elected to public office in the United States, when it elected John Mercer Langston to the U.S. Congress as a representative from Virginia in 1889-1891. Langston was destined to be among the last blacks to be elected to congress during the nineteenth century.

The road from the plantation of his master and father, Ralph Quarles of Virginia, to the United States House of Representatives was long and arduous, yet it was filled with significant achievement. John Langston was at various times a member of the city council of Brownshelm, Ohio (1855-1860); member of the Oberlin, Ohio Board of Education (1869-1876); School inspector general of the Freedmen's BUREAU (1869-1876); dean of Law School at Howard University (1869-1876); an able and

successful minister - resident in Haiti (1877-1885); and president of Virginia Normal and collegiate Institute (1885-1888).

DID YOU KNOW?

There were three African Popes of Rome: Victor (189-199 A.D.), Melchiades (311-312 A.D.), St. Gelasius (496 A.D.)

It was Melchiades who led Christianity to final triumph against the Roman Empire.

American Black Scientists

In the late 1940's, **American Men of Science**, leading authority in that field at one time, listed more than 129 Blacks as outstanding in medicine, engineering, inventions, and architecture.

Six of the black scientists helped in the making of the first atomic bomb. One was J. Ernest Wilkins, one of the worlds' leading mathematicians who earned his Ph.D. at the age of seventeen.

Celebrating By Giving

"Thanksgiving is a time of giving," announced Ellen Watson. "If God loves us so much that He gave His Son, why not make free dinners and give them out of love?" As a result of this philosophy, two hundred and one people were fed at New Community Associates' Thanksgiving dinner on November 18th.

Besides those who came downstairs, seventeen shut-ins and some homeless people shared in the delicious platters of soul food, Puerto Rican and Spanish food.

The event displayed a "one family" spirit. Each auxiliary in the building donated something and the hostesses served. Eldie Connors was brought from New Community Extended Care nearby to join in thanksgiving with his old time friends.

Betty Lawrence, known as Mother Lawrence led the blessing over the food, expressing thanks to God for the life and love He gives to us.

Sr. Kay Coll

AARP Outreach Project To Spread Supplemental Security Income Information

The American Association of Retired Persons, through support from the Commonwealth Fund Commission on Elderly People Living Alone, is conducting a series of outreach projects to inform elderly and disabled individuals, with low income and resources, about government benefit programs to which they may be entitled.

Despite government programs to assist those in financial need, 12.2% of persons 65 and older, or 3.5 million individuals remain below the federally set poverty line.

WHAT ARE THE GOALS OF OUTREACH CAMPAIGN?

- *To inform those potentially eligible for public benefits about their right to apply.
- *To increase the number of elderly and disabled who avail themselves of programs for which they are currently eligible but in which they are not participating.
- *To form local "Coalitions" of agencies in 10 communities throughout the United States to conduct outreach activities to those who are potentially eligible.
- *To test models of outreach activities for low cost replication.
- *To publicize the interrelationship of certain government benefit programs.
- *To research methods of outreach to low income elderly and disabled.

WHAT TYPES OF OUTREACH WILL BE CONDUCTED?

In 1988 and 1989 outreach efforts conducted by AARP in cooperation with a local cosponsor agency helped to significantly increase applications and awards for the Supplemental Security Income (SSI) Program. Based upon the success of the outreach efforts to date, AARP will expand its activities to include outreach in the areas of Medicaid, Food Stamps, and Low Income Energy Assistance. Information sheets are now being accepted from local agencies who desire to serve as cosponsors of these outreach projects.

FREE!

Do You Want A GOOD JOB but cannot pass the tests?

CREST

(Center at RUTGERS for Educational Skills Teaching) COULD BE THE PROGRAM FOR YOU

1. Educational Skills Instruction
Enjoy learning with new exciting teaching methods!

2. Vocational Training or Apprenticeships - preparation for a good job!

3. A Well-paying Job With A Future after educational skills instruction and job training!

Believe in Yourself!

With Good Training, You Can Make Changes In Your Life!

FOR INFORMATION CALL:

CARIDAD DE PAOLA
CREST, RUTGERS-NEWARK
648-5827

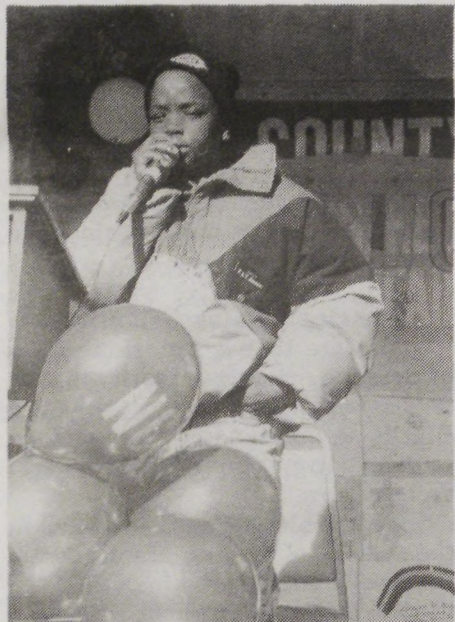
At Your (Social) Service

by the Staff of NCC Social Services Department

New Community Says No To Drugs

November 4th will be remembered as the day residents and employees in the Network of New Community took a stand and led a march against drugs.

Early that day there were several employees of the NC Network busily



Ahmad Bryant shown during his rap.

inflating balloons which would be used to brighten the stage provided by the Essex County Recreation Department. The stage was also decorated with posters which the After School Program worked diligently at making. These posters showed the feelings of some very concerned youth who want their neighborhood to be drug free.

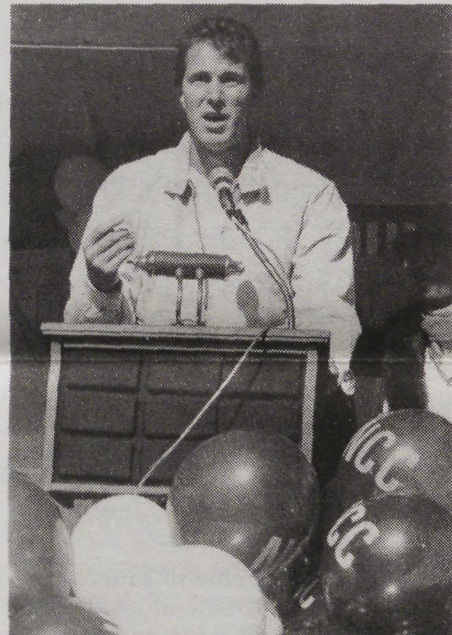
Awards were presented to these winners — Harvey Garvin, Marcus Thorton and Daniel Lily — for their outstanding posters and two Rappers — Ahmad Bryant and Derek Motley who performed an original "Rap" number on the use of Drugs.

Mr. D'Alessio, the County Sheriff was present to address the concerned citizens and promised to do his best to work with NCC in providing a drug free environment. Councilman George Branch, was also on hand to show his support along with other officials of Newark.

The New Jersey Nets sent 2 special representatives, Michael O'Kern of the Nets basketball team and their mascot "Dunkin."



Gwendy Long pictured with New Jersey Nets mascot "Dunkin."



Michael O'Kern speaking out against drugs.



The rally began with a march led by notables of Newark and the Central Ward.

There was plenty of spirit and enthusiasm to see some positive action. Everyone is urged to join these concerned persons and help in the fight to make NCC a Drug Free Society — a place which is safe to live in, work in and play in.

With drugs there is fear. Let's take a stand to SAY NO TO DRUGS and get the fear out of here.

Joyce Cook

Pictured right — Newark Police Director Claude Coleman, talking to Michael Wilson who is being held by County Executive Nicholas Amato. Below — NCC security and active participants during the march against drugs.



— Anti-Drug Rally Party —

On Friday evening of November 10th, the Youth Department sponsored a Pre-Anti-Drug Rally Party. The youngsters and teens were invited into the teen lounge to celebrate "Just Saying No" to drugs.

The evening began with rappers presenting original rap against the use of drugs. Posters, created by students from St. Rose, and New Community's After School Program, were also judged at this time. The

winners were Harvey Garvin for 13-18 year olds, Donald Lilly for 9-12 year olds, and Marcus Thornton for 6-8 year olds.

Joining in on the festivities was Champ Geter, a VISTA volunteer. He came with his stereo equipment and anti-drug music to D.J. for the rest of the events. It was a clean, fun evening.

S. Connie Kelly
After School Program



Essex County Sheriff Thomas D'Allessio hands out sheriff's card memberships to the children participants.

Make A Date With Your Valentine Young Couples Retreat

St. Rose of Lima Parish is sponsoring a one day retreat for couples who have been together 10 years or less.

All New Community, Babyland, and St. Rose Parish members are most welcome.

Make plans now to celebrate Valentine's Day on **Saturday, February 10**, with your Valentine and God on Caldwell College's beautiful campus.

For more information or reservations call Debbie at 623-6114 or Marely at 481-7581.

CALL FOR HELP

Is your husband or boyfriend abusing you? You are not alone — it happens a lot. There's a number you can call 24 hours a day where people are available to help you explore your feelings and plans. All calls are kept confidential.

Don't let this situation continue. **NO ONE DESERVES TO BE BEATEN!**

Call Babyland's Essex County Family Violence Project at 484-4446. In the Caldwell area, call PEACE at 226-6166.

Senior Calendar

Season's Greetings

Dec. 10, 17 - Senior Sundays at Priory Special Priced Buffet Luncheon \$9.95 from 3:30-10 p.m.

Dec. 6 - Special 100th Annual Celebration at Newark Library 1:00-3:30 p.m.

Dec. 8 - Holiday Flea Market at 545 Orange Street 12-5 p.m.

Dec. 8 - Annual Crib Blessing at NC Manor 5:30 p.m. Refreshments to follow.

Dec. 12 - Newark Boys Chorus performs at NC Commons. 11:00 a.m. Senior Advisory Council at 180 South Orange Avenue - 11:30 a.m. meeting starts.

Dec. 13 - Food Stamp Representative at 180 S. Orange Ave. 10-3 p.m.

Dec. 15 - Van trip to Newport Mall - transportation 50¢ 10 a.m.

Dec. 15 - Gardens Christmas Dinner 6:00 p.m. until - music, dancing and glorious food

Dec. 18 - Brown Bag Day

Dec. 19 - Newark Boys Chorus at NC Manor 11:00 a.m.

Dec. 20 - Van trip to Livingston Mall Transportation - 50¢.

Dec. 21 - Beginning of Winter

Dec. 22 - Holiday - Office closed

Dec. 23 - 1st Day of Hanukkah

Dec. 25 - Christmas Day

Dec. 29 - Pre-New Year's Eve fun night! Celebration, hats, noisemakers, music 5 p.m. - until! 545 Orange St.

Christmas Celebrations At NCC Buildings

NC Manor - Dec. 19th from 10-6 p.m. Day of food and fun, live band

NC Roseville - Dec. 20th from 1 to 6 p.m. Food, fun and live band

The Newark Department of Recreation and Cultural Affairs is providing Holiday Entertainment under the coordination of Mr. Jones at the following times and places:

Wed., Dec. 13 - NC Gardens 2:30 p.m.

Tues., Dec. 19 - NC Manor 2:30 p.m.

Wed., Dec. 20 - NC Roseville 2:30 p.m.

Tues., Dec. 26 - NC Associates 2:30 p.m.

Valentine Entertainment

Tues., Feb. 13 - NC Commons 2:30 p.m.

Fri., Feb. 16 - NC Douglas 2:30 p.m.

Fri., Feb. 16 - NC Extended Care 11:30-1 p.m.

Do come out and listen and dance to this great music!

Reminder:

Please bring 1990 income statements to social workers' office to have copies made. Get ready for "Cooling Assistance" applications.

Quote:

"He is the Light of the World."

Student Of The Month

Books And Math Are Favorite Things

The student of the month at the New Community After School Program for November is Edwin Burgess. Edwin is 6 years old and attends first grade at Newton Street School. He also attends the After School Program with his sister Tracey.

Mrs. Martin, the VISTA Volunteer

who works with Edwin, says that he is doing a good job with all his work. He enjoys doing math, and especially reading books when he gets the chance. Congratulations Edwin, keep up the good work.

Sr. Connie Kelly
After School Program



Edwin Burgess practices his favorite subject, reading, as Marlene Martin (tutor) looks on.

American Association Of Retired Persons Women's Initiative Moves Ahead

YOU CAN HELP!

Mid-life and older women — those 45 years of age and older — have a lot at stake this year: income security, health insurance, family caregiving, and employment concerns are just a few of the issues now before Congress.

Older women are apt to live lives quite different from older men — they are more likely to be widowed, to live alone, and to be poor. For these reasons, income security, health, and long-term care have special significance to older women today.

That's why the AARP Women's Initiative is so important. The Initiative heightens the awareness of older women and highlights the issues for our nation's policymakers.

Congress has taken some small steps. But we need great strides to address the problems affecting the nation's 40 million mid-life and older women, legions of whom maintain households, care for ailing family members, face job discrimination, or subsist on Social Security alone.

Use this brochure to become better informed about AARP positions on issues of concern to mid-life and older women. Give your elected officials the facts and ask what they are doing to help solve the problems. Questions are highlighted. But first...

Consider These Points

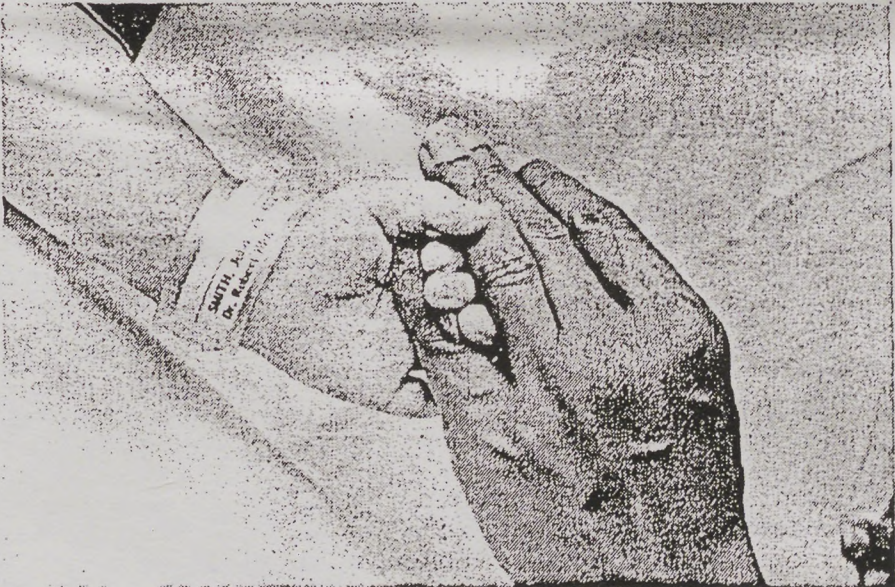
- More than 80 percent of the nearly nine million Americans ages 65 and older living alone are women.
- One-third of older single women rely on Society Security for at least 90 percent of their income.
- Medicare pays only 33 percent of medical bills for single women.
- While women comprise 59 percent of the population aged 65 or more, they make up 72 percent of the elderly poor.
- In 1986, 35 percent of older black women and 25 percent of older Hispanic women lived in poverty.
- One in four women who live to be 85 years of age will spend some time in a nursing home.
- 3.25 million women aged 45 to 64 lack any type of health insurance

- coverage today.
- In 1982, 72 percent of all caregivers for older, disabled family members were women, the majority of them over age 55. More than half of all family caregivers for older persons are also employed.
 - Women voters aged 45 and over, increased in number by 2.1 million between 1980 and 1984.
 - In 1986, women ages 45 and older had a voter turnout rate of 58 percent.

Questions To Ask Your Legislators ...About Health Care

1. Inflation in health care costs is exerting pressure on the Medicare budget. Latest projections indicate that the fund will remain solvent until around the turn of the century. This program is vital to older women. What will you do to help keep the Medicare fund healthy?
- AARP BELIEVES THAT MEDICARE'S FINANCIAL STABILITY MUST BE MAINTAINED but not at the expense of accessible and high-quality services. Today, Medicare pays about one-third of all health care expenses for single older women. AARP favors action that will maintain the Trust Fund's integrity while avoiding additional out-of-pocket expenses for beneficiaries.
2. Women are both the primary receivers and providers of long-term care. Right now, our system of in-home and institutional long-term care is inadequate and underfinanced. The situation will be worse as the elderly population grows. What will you do to promote comprehensive long-term care policies?
- AARP SUPPORTS INTEGRATED MEDICAL, PERSONAL, AND SOCIAL SERVICES that can be delivered in an institutional, in a community-based, or in a home setting. Increased government financing and coordination of long-term financing and coordination of long-term care services are essential to meet the needs of women who receive as well as those who give long-term care to others.

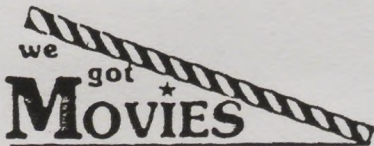
KIDS HAVE AIDS, TOO



Children with AIDS are special people with many special needs, and they need our help NOW! If you rent movies, you can help. From now until the end of the year, WE GOT MOVIES will donate 1% of our rental revenues to two community programs that care for AIDS babies — the Children's Hospital AIDS Program and Babyland Nursery.

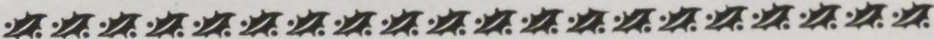
RENT A MOVIE AND MAKE A DIFFERENCE

At the following locations:



- | | |
|--|--|
| 13 Scotland Rd.
(Movietime)
South Orange
762-3627 | 974 Springfield Ave.
Irvington
375-9001 |
| 395 Main St.
East Orange
672-3707 | 980 Shrewsbury Ave.
(Inside Brick Church)
Tinton Falls
542-8039 |

don't leave the children on their own



Christmas

"Behold, an angel of the Lord... said...I bring you good tidings of great joy...for there is born to you this day...a Savior, who is Christ the Lord...glory to God in the highest, and on earth peace, good will toward men," (Luke 2:10-14), - peace, the state of tranquility, harmony of love, and freedom from oppression by sin; and good will, the kindly feeling, benevolent interest, and compassionate concern for one's fellow man.

On this Holy Day, God answers the prayers of the sick for healing, of the suffering who cry out for comfort, of the enslaved by sin and guilt for

freedom, of the dying for eternal life by giving to all of us the greatest gift ever given, His Son, Jesus Christ, our Lord, who began His life on earth in the humblest surroundings.

Let us follow the example of the shepherds and awaken the people with the good news, "Christ is among us, God is with us, and may we, on this Holy Day, in spirit and deed, follow the Holy One born as Lord and Savior of all humanity.

Lewis Graves
Springfield Branch
Newark Public Library

Annual Martin Luther King, Jr. Birthday Scholarship Fund Dinner

For the past 6 years the New Community Seniors have taken on the task of holding a fundraiser for a Scholarship Fund. This came about as a desire to help the youth see that there are those who care and to remind them of the importance of education.

January 1990 will make the 7th year of this project and it will be held at the "Mother" site - NC Gardens at 265 Morris Avenue, Newark, where it first began. Already the senior residents are making preparations and cannot believe the time has gone by so quickly.

The dinner is scheduled for Friday, **January 12th** at 6 p.m. Donation is \$5.00. There are tickets being sold by the Senior Advisory Council members in each building.

This is a fund raiser for a worthy cause and everyone is asked to come out and support it. If you cannot make it to the dinner perhaps you

could make a donation, or if you have a group or club perhaps a special collection could be made and forwarded to the NC Scholarship Fund.

Our youth today see a lot of negative things all around them every day; they need constant reinforcement that there is hope. It is up to us to show them that they can be like "mustard seeds" and survive any where and flourish into greatness. Your support in any way shows you care and that means a lot.

At NCC, we care about our youth and we know you do too! Support our 7th Annual Scholarship Drive by attending the dinner of January 12th, or make a donation by sending a check or money order made payable to "New Community Scholarship Fund 1990" attention: Mr. Eladio Negrón, New Community Youth Department, 233 West Market Street, Newark, NJ 07103.

Your help will help others.

Tree Lighting Festivities



Mrs. Ross leads the St. Rose choir in song for the Trim-a-Tree lighting ceremony.



Sister Anastasia, serves hot chocolate and donuts to the children participating in the holiday festivities held at 140.

Five Years Congratulated



From left to right - Debbie Rohrman, Sr. Mary Ellen Bennett, Sr. Joan Springer, Sr. Catherine Wallace, and Andrea Cook congratulate Joyce Cook (second from left) on her achievement.

With A Song In My Heart

This is the time of the year for non stop entertainment, good food, friends and lots of cheer.

Our Theatre Group from NCC found all these things plentiful. On Tuesday, November 28, ten members of the NC Theatre Club and thirty friends went via Community Coach Lines to beautiful Flemington, N.J. where they visited the Library Village Luncheon-Dinner Theatre.

Flemington this time of year is a magnificent explosion of Fall colors and country roadside stands, doors adorned with Pinecones and decorative strawhats. The ride was an experience in itself. The Liberty Village Theatre is located near the Flemington Shopping Outlet which has approximately 30 discount shops for anything from preserves (homemade) to clothing and more.

The theatre is beautiful and you are made to feel right at home as soon as you enter and on through the lunch and show. The dining facilities were made to order; everything was plush and geared for total comfort and

satisfaction. On each table were colorful arrangements of fresh fruit cups, garden fresh salads and homemade rolls with pure butter. The entrees consisted of a choice of fresh baked filet of scrod, boneless Lancaster Country chicken breast, or roast top sirloin of beef accompanied by rice pilaf or petite roast potatoes and bowls of fresh carrots and green beans. Dessert topped this meal nicely - it was called Glace Buck County ice cream sundae with hot fruit and wine topping. Coffee and tea were served and then it was show time.

The curtain before us parted to reveal a large stage lavishly decorated for the performance of "With A Song In My Heart." It was full of snappy tunes and many of the audience could be heard humming along, clapping in time or light toe tapping to the beat.

Our group had a wonderful time and we recommend it to everyone. The show is running through December.

Joyce Cook



A Joyous **HOLIDAY** To All

